

# BREAKFAST R265

*Breakfast is served daily from 07h00 – 10h30*

## CONTINENTAL

please make your selection from the cold buffet

## HOT BREAKFAST

### TRADITIONAL 2 EGG OMELETTE

choice of fillings

streaky bacon, pork sausage, tomato, mushrooms, cheddar cheese, onions, peppers, gypsy ham, chillies

### MARINE ENGLISH BREAKFAST

poached, fried, boiled, or scrambled egg, pork sausage, streaky bacon, mushrooms, baked beans, tomato

### SCRAMBLED EGG CROISSANT

smoked salmon trout, cream cheese, spring onion

### SMASHED AVOCADO (subject to availability)

toasted ciabatta, sliced boiled egg, parmesan, toasted mixed seeds

### CROISSANT FRENCH TOAST

berry compote, streaky bacon, maple syrup, toasted flaked almonds

### EGGS BENEDICT

English muffin, streaky bacon, poached eggs, hollandaise sauce

### EGGS ROYALE

English muffin, smoked salmon, poached eggs, hollandaise sauce

### EGGS FLORENTINE

English muffin, steamed spinach, poached eggs, hollandaise sauce

### NO CARB BREAKFAST

poached or fried egg, avocado, tomato, mushrooms, streaky bacon, rocket, hollandaise, shaved Gruberg  
(add toasted ciabatta for the non-baneters)

### OATMEAL PORRIDGE

cinnamon, banana, maple syrup or served plain